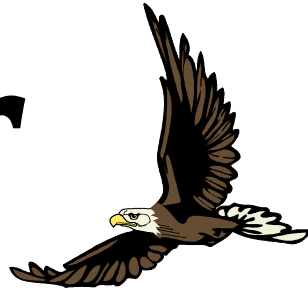


Border Eagle



Vol. 47, No. 9

Laughlin AFB, Texas ... Training the world's best pilots

March 12, 1999

Newsline -

A glance at news affecting Laughlin



SUPT graduation

The graduation ceremony for Specialized Undergraduate Pilot Training Class 99-06 is today at 10 a.m. in the Operations Training Complex auditorium.

The guest speaker is Brig. Gen. John L. Barry, 56th Fighter Wing commander, Luke Air Force Base, Ariz.

Film screening

A 102-minute feature documentary, *Return With Honor*, which includes scenes from Laughlin, will be shown during screenings March 19 - 20 at the South by South West Film Festival in Austin, Texas.

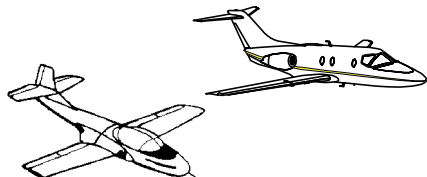
The film is about U.S. fighter pilots imprisoned and put under duress by their captors during the Vietnam War.

The scenes shot here are of flight training in July of 1997. The documentary can be seen March 19 at 12:30 p.m. and March 20 at 7:15 p.m.

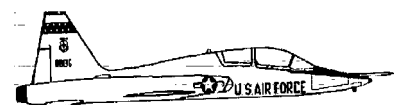
For more information, call Terry Sanders at (310) 459-2116.

See 'Newsline,' page 24

Monthly Flying Goal



	T-37	T-1	T-38
Goal	3656	959	1529
Remain	2330	641	968
Delta*	+226	+17	+104



Information current as of March 10
*Sorties ahead/ behind schedule

Security Forces member takes home 19th Air Force fourth-quarter honors

By 2nd Lt. William B. Johnson
Public Affairs

A senior noncommissioned officer assigned to the 47th Security Forces Squadron here won a 19th Air Force-level award Feb. 19.

Senior Master Sgt. Earl Jones, Security Forces Manager/Additional Duty 1st Sergeant for the squadron, was named 19th Air Force's senior noncommissioned officer of the fourth quarter, 1998.

Jones quickly gives some credit to his fellow workers for his achievement. "The award I am receiving is based not only on my work but also the work of the people at the 47th Security Forces Squadron," he said. "I don't consider the 19th Air Force award a 'Senior Master Sgt. Jones' award. I see it as a squadron award, because it couldn't have been accomplished without them."

Jones said he has learned a lot in his almost 23 1/2 years in the Air Force. One thing he learned was that a person's attitude makes a big difference. "Having a positive attitude in any situation seems to lessen that situation," he explained. Another important practice he keeps deals with his relationships with co-workers. "I have always

prided myself on having good working relationships with anybody and everybody within whatever squadron I have been assigned," he said.

Jones attributes his successes, especially in getting promoted, to hard work and the mentorship received from Laughlin Chief Master Sgts. Crist, Weld, and Baskin – and the chiefs before them. "They have always told me what to do to get promoted and to go above and beyond," he said.

In turn, Jones has given out his fair share of advice to new airmen and second lieutenants alike. His level of experience is recognized

and utilized. "Second lieutenants always ask me my opinion. Sometimes I give it even if they don't ask, because I know that's what they need," he said. "As a senior NCO, I am going to give advice whether it's wanted or not, because it's part of my job. The best advice I can give to new airmen is to work hard, set goals, and not be bothered by what others have or do," he continued.

Jones' advice is not solely reserved for

new enlisted troops and officers. "He has the ability to give solid counsel," said Maj. Mark Koch, 47th Security Forces Squadron commander. "He is honest enough to let me know if he thinks I'm a little 'off-center' on something. He is great with the troops – he puts them first," the major said. "He leads by example, not by exemption."

Jones said he believes that the best quality possessed by the officers he has served with is their ability to use the enlisted corps. "Great officers have used the

See 'Jones,' page 6

Public Affairs office wins '98 AETC PA Director's Excellence Award for small wing

By 2nd Lt. William B. Johnson
Public Affairs

The 47th Flying Training Wing Public Affairs office recently won the 1998 Air Education and Training Command Public Affairs Director's Excellence Award for a small wing.

The award is presented annually to organizations that have conducted the best overall public affairs programs in support of the Air Force mission.

The small wing category describes a base population of less than 5,000 personnel. A trophy is presented to the organization,

and significant contributors receive certificates.

Public Affairs members received an excellent rating in the 1998 Headquarters Air Education and Training Command Operational Readiness Inspection. Through the posting of the base newspaper, The Border Eagle, on the Web, staff members increased readership to a wider audience including deployed Laughlin members. The public affairs organization impacted millions with international/national/ local stories on Specialized Undergraduate Pilot Training in San Antonio Express News,

See 'Public Affairs,' page 6

Inside
the
Eagle



View from the top ...

Gen. Lloyd W. Newton discusses how we can be part of the solution to the Y2K computer glitch.

Page 2

Tops in Blue ...

If you missed this year's Mar. 3 performance in Del Rio, or you want to look back on it, see this colorful layout!

Pages 12, 13

St. Patrick's Day ...

Chaplain Hamilton reviews the history of the holiday, which stands for more than wearing green.

Page 5

Actionline

Call 298-5351 or
e-mail: Actionline@ftw

when appropriate.

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the *Border Eagle*. Before you call the Actionline, please try to work the problem out through the normal chain of command or directly with the base agency involved.

Thanks for your cooperation and I look forward to reading some quality ideas and suggestions.

This column is one way to work through problems that haven't been solved through normal channels. By leaving your name and phone number, you are assured of a timely personal reply. It's also very useful in case more information is needed in order to pursue your inquiry. If you give your name, we will make every attempt to ensure confidentiality


Col. Dan R. Goodrich
47th FTW commander



AAFES	298-3176
Accounting and Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	298-5299
Commissary	298-5815
Dormitory manager	298-5213
Hospital	298-6311
Housing	298-5904
Inspector General	298-5638
Legal	298-5172
Military Personnel	298-5073
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810
Social Actions	298-5400
FWA hotline	298-4170

Y2K – Be part of solution to keep mission going



A View from the Top

Gen. Lloyd W. Newton

RANDOLPH AIR FORCE BASE, Texas (AETCNS) – The year 2000 presents a readiness issue with the potential to adversely affect every aspect of Air Education and Training Command's daily mission.

When Jan. 1, 2000, arrives, our computer-based technologies may have trouble despite the command's systematic approach to head off problems. The two-digit year codes in software and embedded chips may cause confusion between the years 2000 and 1900. And therein lies the problem, but you can be part of the solution.

The Y2K problem can be traced to the early days of computers when computer memory was costly and shortcuts were taken to conserve limited space. In older computer programs, the year was often expressed in two digits rather than four. For example, the year 1985 was "85." These shortcuts were typical in computer software and embedded chips used to control equipment, processes and machines. The systems control our everyday lives in more ways than we realize – in our cars, heating systems, security alarms and much more.

In addition to the obvious problems with computer hardware and software, we face potential problems with less obvious infrastructure items such as ventilation, communications, security, radar, fire control utilities and other mission critical systems that use computer technology.

There's still a lot of debate concerning the extent to which Y2K will actually impact our operations, but we do know that a series of otherwise "minor" prob-



and tracks our entire effort and assists all headquarters functional areas and every field unit.

Guided by the program management officer, the command attacked the Y2K problem in three distinct areas: Automated Information Systems (software applications), weapons systems and infrastructure.

Of the 123 AETC command-unique Automated Information Systems, 61 are on the retirement list to be eliminated or replaced before the end of the year, 40 are certified as compliant, and 22 will be certified between now and April. Overall, we have our systems well in hand and see few if any problems.

All of our weapons systems are either Y2K compliant or judged "operationally acceptable" with full compliance before the change of the century. These weapons systems include all AETC aircraft like the T-37 and T-43 and flight simulators as well.

We hired an independent contractor to meet the third and most complex challenge, the infrastructure. The contractor completed and validated infrastructure inventories at all AETC bases and performed centralized assessments of vulnerable assets. These assets in-

clude things like fire alarm systems, personal computers, base local area network systems, and aircraft fueling systems.

Results showed more than 200,000 items in the command are potentially at risk. A centralized assessment at the headquarters reduced that number to approximately 91,400 items.

The approach worked well and assessments are nearly completed. Reports are now being compiled for each wing commander that list every affected item and its Y2K compliance status. This will also help commanders determine which items need the most immediate care.

In addition, we will spend an estimated \$10 million to fix command infrastructure problems. Of this amount, \$9.1 million is required to fix or replace mission-critical and mission-essential items. The total might have cost \$26.6 million if not for an inexpensive, easy fix for personal computers in the field. This idea came from people like you, who are paying attention to the problem and who found a solution that keeps us mission capable.

Our last step in defeating the Y2K problem is contingency planning and testing. That's where you come in. If an item or system is absolutely essential to your job, prepare a back-up method. A plan will keep the mission going and save you time, effort and frustration in the long run. Start by asking yourself: What can fail? What impact can it have on the mission? How can I get the job done without a particular item?

Although the communications squadron is the focal point for most Y2K issues, contingency planning is everyone's business – it's an operational issue.

The clock is ticking and AETC's mission continuity is the name of the game. With your help and involvement, we will succeed.

(Courtesy AETC News Service)

People First: Air Force publishes 1999 quality-of-life focus paper

The 1999 Air Force Quality-of-Life focus paper has been approved by Acting Secretary of the Air Force Whit Peters and Chief of Staff Gen. Michael Ryan. The theme of this year's paper is again, "People."

Field leaders were surveyed for their opinions on what quality-of-life factors are having the most impact on readiness and retention in their units. Major commands,

unit commanders and first sergeants responded by revalidating the seven areas the Air Force has been concentrating on for the last several years:

- Pursue fair and competitive compensation and benefits;
- Balance the impact of high tempo level;
- Provide access to quality health care;
- Provide access to safe, affordable and adequate housing;

— Maximize retirement systems and benefits;

- Increase and enhance support to community and family programs; and
- Expand educational opportunities and access.

The degree of emphasis placed on each area has varied over time with retirement, compensation and tempo gaining prominence the last couple of years.

This year's focus paper conveys the Air Force strategy for supporting all seven quality of life priorities, highlighting key initiatives and issues associated with each.

The 1999 quality-of-life focus paper can be found on the Air Force quality-of-life home page at <http://www.dp.hq.af.mil/DP/afqol/QOL.HTM>.

For more on this subject, try the Air Force Link [Search Engine](#).

Border Eagle

Col. Dan R. Goodrich
Commander
1st Lt. Angela O'Connell
Public Affairs officer
Senior Airman Mike Hammond
Editor

Published every Friday, except the first week in January and the last week in December, by the Del Rio News Herald, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 47th Flying Training Wing, Laughlin Air Force Base, Texas. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Border Eagle are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force. Photographs herein are official U.S. Air Force photos, unless otherwise indicated. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force or Del Rio Publishing Company of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color or religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. Editorial content is edited, prepared and provided by the Public Affairs Office of the 47th Flying Training Wing.

Deadlines, Advertising

News for the Border Eagle should be submitted to the 47th Flying Training Wing Public Affairs Office, Bldg. 338, Laughlin AFB, TX, Ext. 5262. Copy deadline is close of business each Thursday the week prior to publication. Advertising should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday. Submissions can be E-mailed to: michael.hammond@laughlin.af.mil reginal.woodruff@laughlin.af.mil

***“Excellence —
not our goal, but
our standard.”***

— 47th FTW motto

Safety Stats

As of Mar. 10
(Fiscal Year)

	'99	Total '98
On-duty mishaps	1	11
Off-duty mishaps	6	7
Traffic mishaps	1	4
Sports & Rec mishaps	2	3
Fatalities	0	2

Congress considers reauthorization of 'troops to teachers' legislation

By Senior Airman
Jeremy Clayton Tredway
56th Fighter Wing Public Affairs

LUKE AIR FORCE BASE, Ariz. — A bill designed to reform the expiring Troops to Teachers legislation may help retiring service members aspiring to become student mentors realize their goal, while filling local needs for quality educators.

If accepted, the Troops to Teachers Improvement Act will reauthorize, reform and strengthen the Troops to Teachers program through 2004.

Under the new act, the program's \$25 million a year budget will change hands from the Department of Defense to the Department of Education.

The program will also provide a \$5,000 stipend to assist with certification and relocation costs for people who agree to teach for at least four years. In addition, a \$10,000 bonus will be given to participants who choose to teach at least four years in schools with a large population of "at-risk" students.

The bill will reduce the program's administrative expenses to 5 percent and eliminate \$50,000 grants to local education agencies.

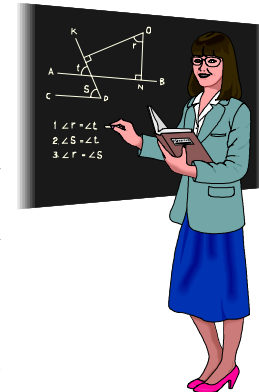
"Troops to Teachers is an ingenious idea," said Connecticut Sen. Joe Lieberman, one of 13 co-sponsors of the bill. "It harnesses a unique natural resource to meet a pressing national need. Schools across the country are facing a growing shortage of teachers in the years ahead. I can't think of a better source of top candidates than the pool of smart, dedicated men and women who retire from the military each year."

Congress created the program in 1993 to assist military people affected by defense

downsizing and commitment through their military service for our nation."

Eligibility is limited to retired military members who have a minimum of 20 years active-duty service, physically disabled veterans or individuals who served a minimum of six years and were affected by military downsizing.

Applicants interested in academic teaching positions must possess a bachelor's degree from an accredited college. People applying to teach vocational subjects, such as



computers and electronics, don't need a degree to apply, but must have documentation of their skill level or expertise.

Family support centers can provide applicants with information and help applicants enroll through the school district, said James Knuckles, a family support center transition assistance manager here. "The education community has decided veterans make good teachers, and I believe that's because of the training, leadership skills and self discipline they receive from the military," said Knuckles. "It's a positive opportunity for a lot of veterans to go into the community and start a second career."

For more information, visit the Troops to Teachers home page at voled.doded.mil/dantes/ttt/overview.htm or contact the Family Support Center at 5620.

(Courtesy of Air Education and Training Command News Service)

“Schools across the country are facing a growing shortage of teachers in the years ahead. I can't think of a better source of top candidates than the pool of smart, dedicated men and women who retire from the military each year.”

Sen. Joe Lieberman
U.S. Senator, Connecticut

vacancies in 48 states," said Arizona Sen. John McCain, chief sponsor of the proposal. "Our bill extends the authority to ensure America's children are taught by the men and women who have already demonstrated their exemplary ability, selfless-

Sexual harassment hotline remains available; zero tolerance policy in effect

RANDOLPH AIR FORCE BASE, Texas — The Air Force's senior leaders want military and civilian employees to remain aware of the service's sexual harassment hotline.

The Air Force Personnel Center here operates the hotline, which is set up to receive inquiries about sexual harassment and other forms of discrimination. The numbers are toll free 1-800-558-1404; DSN 487-7849; or commercial (210) 652-7849.

"First, we expect our people to use their chain of command," said Maj. Gen. Don Lamontagne, AFPC commander. "However, the hotline opens another channel of communication for those who have a question, concern or complaint about sexual harassment or discrimination. The Air Force has 'zero tolerance' for sexual harassment and discrimination and we take each call very seriously."

An AFPC Call Center representative answers each call to the

hotline. Callers with a sexual harassment or discrimination concern are forwarded to a qualified social actions counselor. Counselors ensure callers understand the avenues available to them and also ensure complaints are channeled to the proper authority. Counselors are available to take calls during normal duty hours 7:30 a.m. to 4:30 p.m., Central Standard Time.

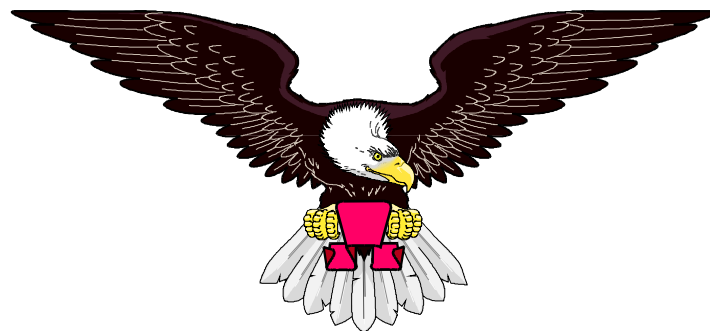
After normal duty hours, voice mail is available for callers to leave messages. Counselors return after-hours phone calls on the following duty day. Counselors are available 24 hours a day for emergencies or when an immediate response is desired. The call center voice mail will instruct callers how to reach an after-hours counselor.

For more information, call the Social Actions office at 5400.

(Courtesy of AFPC News Service)

Deadline for Border Eagle submissions ...
is the close of business Thursday, the week prior to the desired date of publication

Soaring to greater heights: Class 99-06 get their wings



Class Leader
Capt. Edward H. Evans, Jr.
Jackson International, Ms (ANG)
C-141



Assistant Class Leader
Capt. Daniel E. Rauch
Seymour Johnson AFB, N.C.
F-15E



1st Lt. Brad R. Oliver
Tyndall AFB, Fla
F-15C



1st Lt. Eric D. Sparks
Luke AFB, Ariz.
F-16



1st Lt. Vallerian Ursu
Moldova
MiG-29



1st Lt. Sean Williams
Tinker AFB, Okla.
E-3



2nd Lt. Gary E. Bernbeck
Travis AFB, Calif.
C-5



2nd Lt. Brandon A. Casey
Laughlin AFB, Texas
T-1



2nd Lt. Jason T. Digiaco
Dyess AFB, Texas
B-1



2nd Lt. Clair M. Geishauser
RAF Mildenhall, United Kingdom
KC-135



2nd Lt. Todd T. Knight
Laughlin AFB, Texas
T-38



2nd Lt. Sinclair R. Lagergren
McGuire AFB, N.J. (AFRES)
C-141



2nd Lt. David P. MacKaig
Travis AFB, Calif (AFRES)
C-5



2nd Lt. Jason M. Matyas
McGuire AFB, N.J.
KC-10



2nd Lt. Marc A. Miller
Charleston AFB, S.C.
KC-17



2nd Lt. Matthew B. Morrison
Laughlin AFB, Texas
T-37



2nd Lt. Kevin W. Newberry
Reno-Tahoe International, Nevada
(ANG)
C-130



2nd Lt. Orrin C. Pierce
Dyess AFB, Texas
B-1



2nd Lt. Robert W. Randall
Fairchild AFB, Wash.
KC-135



2nd Lt. Joe D. Rucker
Laughlin AFB, Texas
T-37



2nd Lt. Brent D. Wenthur
McChord AFB, Wash.
C-141



2nd Lt. Keith M. Wolak
Davis-Monthan AFB, Ariz.
A-10

St. Patrick – a history of the legendary saint

By Chap. (Maj.) Frank Hamilton
47th Flying Training Wing chapel

St. Patrick, the patron saint of Ireland, was a man full of complexity. First, he was not Irish, but was born either in a Celtic province of Britain, or in France. Secondly, he came from a devoutly Christian home. He was the nephew of St. Martin of Tours and the son of a church deacon. Yet, as a youth, he rejected the Christian faith taught to him by his parents.

Patrick was a shepherd. When he was 16 years old and tending his father's sheep, he was captured by slave traders. They took him to Ireland and sold him to a cruel slave master who treated him harshly. Patrick was ill-fed and ill-clothed amidst the snow, rain and ice. While he was living in these adverse conditions, he began to search for meaning in his life. He returned to the faith that his parents taught him as a boy – the faith he had rejected as a youth.

When Patrick was 22 years old, he ran away from his master and found his way back to the home of his parents. He returned home a changed person. Now a

believer in Jesus Christ, he spent time under the spiritual direction of his uncle, St. Martin. He decided to become a priest. Because Patrick was uneducated, he had to study hard for the priesthood. Overcoming this obstacle, he became a priest – and later, he became a missionary. As a missionary, he chose to return to Ireland to spread the Christian faith. Yes, he returned back to the land and people who had enslaved and mistreated him!

In Ireland, Patrick met many obstacles, but God blessed him with a fruitful ministry. His ministry reached many unchurched people and he ordained many priests from his converts. Patrick created in Ireland a religious center from which countless missionaries would be launched to the known world. Europe was Christianized by many of the missionaries whom Patrick trained.

St. Patrick's life can teach us several things. Although children might seem to reject the faith and teaching of parents, Patrick is an example that children take

in more than we will ever know. Patrick's life demonstrates that God is closest to us as we suffer and go through adversity. Patrick shows us how to love and forgive our enemies and our oppressors, even when they take away our rights and freedoms. Patrick shows us the type of love that is sacrificial – he wanted to return to his former captors in

order to show them the love of God. He wrote, "I returned to the Irish to preach the Gospel ... to endure the taunts of unbelievers ... and even to become a slave once more if necessary. I am ready also to give up my life without hesitation for the Gospel I preach. I wish to spend my life in Ireland, and to even be buried there, if God would give me that privilege."

As military members, I hope the life of St. Patrick inspires us all to become more adaptable to living in different countries and cultures under hostile conditions. And I hope the love Patrick displayed toward the Irish will teach us to love our enemies.



Chapel Schedule

Catholic

- Daily Mass 12:05 p.m.
- Saturday Mass 5 p.m.
- Sunday Mass 9:30 a.m.
- Confession 4:15 - 4:45 p.m. Saturday or by appointment.
- Choir 6 p.m. Thursdays.
- Sunday school, 11 a.m., religious education building.

Protestant

- General worship 11 a.m.
 - Bible study video luncheon 11 a.m. Thursday, chapel fellowship hall.
 - Sunday School, 9:30 a.m., religious education building.
 - Awana, Wednesdays, chapel from 6 - 7:30 p.m.
- For more information on AWANA, call Mike or Karen Silver at 298-3247.*

Jewish

- Max Stool
- 219 West Strickland St.
- Del Rio, Texas
- Phone: 775-4519
- e-mail: makstool@delrio.com

'Jones,' from page 1

enlisted corps. They have supported the enlisted corps," he said. "I can tell my boss my suggestions and recommendations, and the majority of his decisions are based on my suggestions because of the logic that I have used to arrive at those decisions myself."

Tech. Sgt. Howard Thompson, Superintendant of Reports and Administration with the 47th Security Forces Squadron, said Jones has very good leadership qualities. "He demonstrates good

professionalism by example, he develops innovative ideas for the information security office, and he keeps people motivated and focused on the task at hand," he said.

Beyond that, Jones demonstrates a genuine concern for the troops, Thompson said, and he is involved in making sure their needs are met. "We had a new troop, an airman basic, come in last week. She is married, but had no furniture in the house," Thompson continued. "He (Jones) made sure there were people over there to help her get furniture from

the Airman's Attic. Senior Airman Anthony Burleson from the squadron took his truck over there and helped her out."

Jones' many leadership qualities as well as his personal concern for the well being of those he works with have earned him the respect of his co-workers, and the recognition of his superiors. Koch summed it up when he said, "There are very few senior NCOs on his level. He is loyal, honest, and he has the 'whole person' concept – a well-rounded person. He is a tremendous stand-out!"

'Public Affairs,' from page 1

Discover Channel, Air Force Television News, and Koku-Fan Magazine. Public Affairs members coordinated with the staffs of U.S. Senators Phil Gramm and Kay Bailey Hutchison to ensure media was invited when they visited the base. This coordination resulted in media covering the visit in the local paper and extensively on the local news station.

Public affairs acted as a focal point of information during and in the aftermath of the Del Rio, Texas, area flood. Staff members provided water availability, water usage, and gas outage information to more than 4,300 base personnel and responded to more than 1,000 information queries from local and national media such as CNN, CBS and NBC.

Staff members orchestrated an Air Amistad campaign that attracted 30,000 attendees to Laughlin for the Air Amistad Airshow.

Col. Len Jarman, 47th Flying Training Wing vice commander, said, "I am glad to know that others recognize the outstanding work our Public Affairs office does."

1st Lt. Jeff Jones, former Chief of Public Affairs here said, "I think I can speak for the entire Public Affairs office when I say we're proud of this accomplishment. Everyone in the office constantly puts forth their best effort no matter the situation or circumstances. This award says a lot about the hard work of everyone in the office."

How do you spend your off-duty time? The Border Eagle wants to know. If you would like to share your favorite pastime with the Laughlin community, whether it be a sport or a hobby, let us know. For more information, call 5393 or e-mail michael.hammond@laughlin.af.mil

XLer

Hometown: Patchogue, Long Island, N.Y.

Family: Husband, Senior Master Sgt. William; son, Timothy, 25; son, William II, 24; daughter, Cristie Marie, 22.

Time at Laughlin: 3 years, 8 months.

Time in service: 24 years active duty, retired in 1994.

Job description: Program Manager, 47th Communications Squadron Plans Flight.

One thing you would like to change about Laughlin/the Air

Force: We need more places for civilians to eat chow.

Long-term goals: I can't wait to see some grandchildren.

Why did you come into the service? To serve my country.

What do you feel is the "hottest" topic in the Air Force and/or at Laughlin?

The retention of qualified personnel and low manning.

Previous assignment: Military Training Manager, Keesler Air Force Base,

Miss.

Where would you like to go next: Keesler AFB, Miss.

Motto: "Try to be happy each and every day of your life – no one is guaranteed another day."

Greatest feat: Raising three children while staying in the Air Force for 24 years.

Hobbies: I will try anything – have no special hobby.

Inspirations: My husband.

Bad habit: Spoiling my children.

Favorite food/ beverage:

Smoked salmon/ beer.

Favorite books/ television show:

Anything by Jackie Collins/JAG.



Betty Schoen

47th Communications Squadron
Plans Flight Program Manager

Walter Mitty fantasy: Winning the million dollar lottery.

If you could spend one hour with any person in history, who would it be and why? My dad – I didn't get to say goodbye.

AFPC updates civilian training, development guide

RANDOLPH AIR FORCE BASE, Texas – The Air Force Civilian Career Programs office here has updated its guide for training and professional development.

The 1999 Civilian Training and Development Guide is designed to assist Career Program employees, their supervisors, and the civilian personnel flights and civilian training offices in preparing individual Career Enhancement Plans for the next fiscal year.

The guide identifies training and development opportunities for members of the Air Force Civilian Career Programs. It includes information on projected courses for the next fiscal or academic year, nomination due dates, specific eligibility criteria and application procedures.

“Management and leadership development of the civilian work force is an essential component of long-term mis-

sion readiness,” said Garry Carter, Air Force Personnel Center’s director of civilian career management. “Such development must be systematic and tailored to the needs of the Air Force.”

L o r e t t a Brown, responsible for the guide, said managers and supervisors should review and use this guide to identify job or mission-related training needs for all qualified Career Program registrants.

The guide may also be used in nominating nonregistrants for Air Force-wide long-term training, GS-15 executive development and Squadron Officer School training programs.

The updated guide is now available on the civilian career

programs site of the AFPC home page at www.afpc.randolph.af.mil.

A hard copy of the guide will no longer be published.

“Management and leadership development of the civilian work force is an essential component of long-term mission readiness.”

- Garry Carter
AFPC director of civilian career management

“ W e ’ v e placed the guide on the Web for the c o n v e - nience of the people who really need it,” said Brown. “This also s i g n i f i - cantly reduces the cost of producing the guide and the time it takes to make it available to our workforce.”

For more information on the training and professional development, contact the Laughlin Civilian Personnel Flight at 5806.

(Courtesy of AFPC News Service)

What Air Force plane is your favorite, and why?



"If we are talking about all - time favorite plane, it is the SR-71. The look alone is what I like, but mission capabilities of the aircraft are unmatched."

Airman Ron Coleman
*47th Flying Training Wing
Command Post Controller*



"The C-17, because it's one of the Air Force's newest airplanes and can go anywhere and anyplace."

2nd Lt. Krista Staff
*86th Flying Training Squadron
Student Pilot*



"I think my favorite Air Force aircraft is the A-10 'Warthog'. I like it because it is the first Air Force aircraft specifically designed for close air support. The A-10 really proved its worth during the Gulf War."

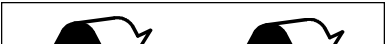
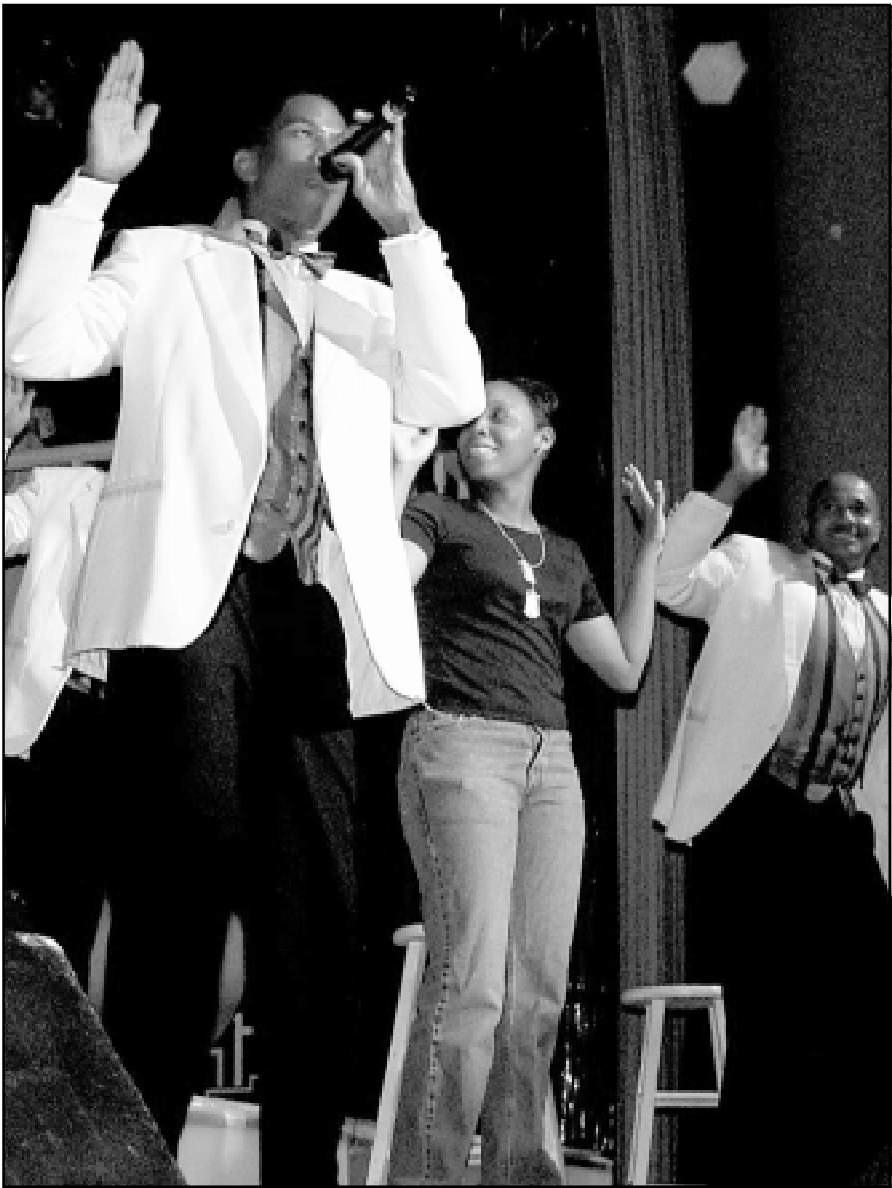
Mike Eberhardt
*47th Flying Training Wing Plans
Logistics Management Specialist*



"The KC-135 Stratotanker, because it's the fastest, 'heavy' around."

2nd Lt. Clair Geishauser
*86th Flying Training Squadron
Student Pilot Graduate*

Tops in Blue “S



pices” up Del Rio!



F-16 squadron commander reflects on experience as POW

By Senior Airman
Christopher Moore

*363rd Air Expeditionary Wing
Public Affairs*

SOUTHWEST ASIA – During Capt. Bill Andrew’s 35th Operation Desert Storm mission, it happened.

Andrews, now a lieutenant colonel and commander of the 389th Fighter Squadron here, said telling the story of what happened Feb. 27, 1991, should remind pilots who fly over Iraq how serious the job really is.

“We were doing close air support – helping out our ground offensive,” he said. “We were whipping up on the Iraqis pretty good and we were sent in to cut off some of their mechanized units.”

Andrews and another pilot from his formation of F-16s dropped below the clouds to find their target when every pilot’s nightmare came true.

“My plane was hit by a surface-to-air missile and I bailed out,” he said. On his way down, Andrews realized that he was nowhere near where he wanted to be. “I heard shooting all around me. I tried to steer to a friendly direction but there were Republican Guards in all directions,” he said. Andrews hit the ground hard, breaking his leg. While on the ground he raised his hands and surrendered, knowing he couldn’t escape – just yet.

“I was in a world of hurt,” he said. “The Iraqi infantry unit

would run at me, stop, then shoot at me with AK-47s and then run and stop again.”

When the Iraqi men finally reached him, they took a few swings at him and then took him away. They loaded him up in a military vehicle, stopped for the night later and hid in bunkers.

That’s when Andrews got away. “The soldiers were packing up to bug out. They quit guarding me for a few minutes and I crawled away and hid,” he said. “Later, they started up their vehicles, drove off, and left me there. I was on cloud nine, but I wasn’t home yet.”

Andrews’ time away from his captors was short lived, however. **See ‘Andrews,’ page 14**

‘Andrews,’ from page 11

“They found me the next morning and transferred me, along with some other Americans, to Iraqi military intelligence personnel,” he said.

There, he was blindfolded and interrogated. “It was pretty brutal. I was burned with lit cigarettes and hit in the back of the head with a hammer,” he said. “They asked me questions and (I) finally realized that if I made up stuff to tell them they would stop.”

After his stay at a prison in Baghdad, the Red Cross showed up and took the prisoners-of-war

away. The war was over.

Andrews spent eight long days as a POW. He said his faith is what kept him going.

“I had faith in my country and knew that I would never be forgotten,” he said.

In the Air Force, training is a continuous process – and Andrews said he used almost every aspect of it while a POW. He said people should pay attention during the training because it’s taught for a reason.

“I used self-aid buddy-care to splint my own leg, I had to remember the Code of Conduct,” he said. “I used almost everything I

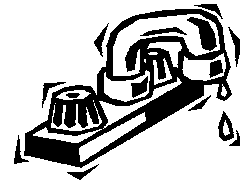
was taught to make it hard for the Iraqis to get me down.”

Anytime a U.S. Air Force jet crosses the border into Iraq, the chance of getting shot down is there. Andrews said this is something pilots should not take lightly.

“Something like that can happen today when the pilots here fly Operation Southern Watch missions,” he said. “The threat in Iraq is the same as it was during the war.

“Flying over enemy territory is dead serious business. There are no friends of mine on (Iraqi) ground.”

(Courtesy of Air Combat Command News Service)



*Drops
become
gallons ...*

Conserve water!

Replace washers in leaky faucets

A generous heart makes a world of difference

Local woman wins Air Education and Training Command nomination for Katharine Wright Memorial Award

By Zenaphir Bond

Public Affairs

"I was thrilled to read in my morning message read file that Cynthia won at Air Education and Training Command-level for the Katharine Wright Memorial Award – no one is more deserving; she's a tireless volunteer supporter of the 47th Flying Training Wing. I was even more thrilled to tell her the good news and congratulate her. Cynthia, go get 'em at Air Force Level!" said Lt. Col. Cathy Duncan, 47th Mission Support Squadron commander.

The Katherine Wright Memorial Award is presented annually to a woman who has provided encouragement, support and inspiration to her husband (and thus was instrumental in his success) or made a personal contribution to the advancement of the art, sport and science of aviation and space flight over an extended period of time.

Cynthia Ann Martin, wife of Tech. Sgt. Donald Martin, 47th Mission Support Squadron, has not only been an active volunteer for the wing, but has provided support and encouragement to her husband that has been key to his success.

"Cindy is my life. I wouldn't be half of what I am today if it weren't for her," Tech. Sgt. Martin said. Through his wife's help and support, Tech Sgt. Martin earned his Community College of the Air Force degree. He was also the 47th Flying Training Wing's nominee for the Lance P. Sijan Award, was named the wing's 1998 Personnel Manager of the Year (Category IV-B) and was recognized as the wing's Noncommissioned

Officer of the Year for 1998.

Cynthia Martin, a sought-after freelance merchandiser, works part time for nine major business retailers/corporations in the local area. She serves as a leader on the Protestant parish council. Her volunteer work during the Flood of '98 contributed greatly to those in need, as she took vacation time from her job to assist. Cynthia also assisted the Air Force community by collecting, sorting and boxing donations enroute to Incirlik Air Base, Turkey, in the aftermath of the earthquake that ravaged the base.

Chaplain (Lt. Col.) James Hough, 47th Flying Training Wing chaplain, says Cynthia "has the quality of a giving heart. She wants to make sure people are really happy. She gives of herself and doesn't think of recognition. She's the type to be the last one to expect recognition – which is also why she is so special to us."

Cynthia knows

first hand that there are many ways to give of oneself at no expense. "I believe there are many opportunities to share the talents each individual has with others," she said. "One (person) may be great with neighborhood kids, while another may offer to fix a flat on a 100-degree afternoon."

"We are a family at Laughlin, and as a family unit we all should strive for excellence and not just a standard," Martin emphatically stated. "Devastation should not always be the reason to be joined together. From the Del Rio Flood-extreme of giving a helping hand, to the 'just because' gestures that mean as much ... have

you made a difference today when you had the opportunity to share your talent? Make a difference in someone's life today and it will make the difference in yours!"

Martin said helping others is something she has been doing for years, without thinking of retribution. "An award wasn't really necessary," she said. "I've done volunteer work since high school – it just comes naturally.

I'm more of the 'behind-the-scenes' type of person."

This "behind-the-scenes" mentality has produced results in her husband that have taken center stage recently. A big part of the "whole-person" concept desirable in a military member is the willingness to be active in the local community through volunteer work. Tech. Sgt. Martin directly credits Cynthia with getting him started in volunteering.

"She 'recruited' me as a volunteer. The volunteer work I did was recognized, and contributed to my recent awards," Martin said. "Cindy's my rock and my soulmate. She is my inspiration, and I love her for it!"



Photo by Zenaphir Bond

Martin folds children's bulletins Monday for upcoming Sunday church services at the base chapel. She spends an average of 7 - 10 hours each week doing volunteer work, and was named "Volunteer of the Year, 1998" for Laughlin.

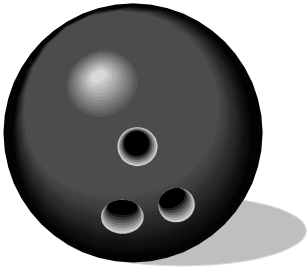
Fraud, Waste and Abuse

*Preventing Fraud, Waste and Abuse is everyone's job!
If you know or suspect FWA, call the FWA hotline, 4170.*

Bowling

Intramural

1. Services	103	58
2. SFS	100	61
3. COMM	93.5	67.5
4. OSS	87	74
5. SIM	80.5	80.5
6. MSS	65	96
7. MED GP	60	101
8. CE	55	106



YABA

1. Rattlesnakes	44	28
2. Bad Boys	44	28
3. Christ’s Knights	41	31
4. Rugrats	40.5	31.5
5. Raiders	39	33
6. Rhino’s	32.5	39.5
7. Kingpin	26.5	41.5
8. Big 4	19.5	52.5

Intramural basketball standings

(As of March 11)

Team	W	L
CES	6	2
84/85 FTS	8	0
86 FTS	7	0
87 FTS	4	3
OSS	4	5
LCSAM	3	3
MDG	4	5
CS/CONS/SVS	1	8
SFS	2	6
MSS	1	8

Sports Briefs

A personal trainer is now available Mondays through Fridays from 7 a.m. to 4 p.m. at the XL Fitness Center. Airman 1st Class Jennifer Nalls can help you get on track for the fitness goals you set.

There is a seven-mile cross-country run/walk scheduled for April 10, and a mountain bike rally scheduled for April 24.

For more information, call the XL Fitness Center at 5251 or 5326.

Essentials for creating “thin kitchen”, healthy body

By Staff Sgt.
Jennifer Ruiz
47th Medical Group

To turn a familiar phrase – all “thin” kitchens resemble one another, but each “fat kitchen” is fat in its own way.

The food that goes into a kitchen and into people eating from it determines how those people look and feel.

Foods such as carrot sticks, celery and cottage cheese have long been consider as “good food”. While food such as pasta, red meat and desserts have been seen as bad. Today’s dietitians are trying to change those perceptions with new approaches to healthy eating called a total diet approach.

This means that no food should be labeled as good or bad. In fact, all foods can be part of healthy eating patterns. The nutritional goodness of any one food or meal can contribute

to a healthy diet if we make choices based on moderation, variety and individual needs.

People thinking about losing weight and eating healthier you don’t have to trash the cheesy puffs, ice cream or cheesecake. They don’t have to deep-six the deep fat fryer, or whatever makes their “kitchen fat”; however, they should eat and use these things in moderation. Investing more in the following items will help trim down the kitchen:

In the cupboard

1. chef’s knife
2. good-quality cutting board
3. 6 and 8 quart pots
4. large wok or sauté pan
5. lemon zester
6. blender (or food processor)
7. long-handled tongs
8. parchment paper (for roasting)
9. freezer-worthy food storage containers and bags

10. coffee grinder or mortar and pestle (for grinding spices)

In the pantry

1. canned or dried beans: pinto, black, kidney
2. pasta (any kind)
3. brown rice
4. onions
5. canned tomatoes
6. reduced-sodium, reduced-fat stocks or broth
7. dried spices and herbs: basil, oregano, dill, black peppercorns, cumin, rosemary, parsley
8. vinegar: balsamic, herb, fruit-flavored
9. olive or canola oil
10. nonfat cooking spray

In the fridge and freezer

1. nonfat margarine or butter
2. skim or 1% milk
3. lemons, limes, oranges, other citrus fruits
4. feta or mozzarella cheese
5. nonfat sour cream
6. nonfat plain yogurt
7. peppers (green, red, spicy,

8. nonfat cream cheese
9. cilantro
10. mustards (spicy brown, onion, and other gourmet flavors)

Water is the most essential item to have. Weight, physical activity and heat exposure should determine the quantity a person drinks.

Controlling poor eating habits is the first thing most people think about when they’re considering health. Actually most people aren’t considering their health as much as their appearance.

Weight doesn’t always equate to health. Every man shouldn’t weigh 160 pounds nor should every woman weigh 125, and people who are these ideal weights are ideally healthy. Healthy bodies come in a variety of shapes and sizes. A good weight is a healthy weight, not just a low weight. So rather

than focus on dieting and losing weight, focus on eating well, being active and feeling good about yourself. Try to develop habits such as well-balanced eating and a routine of regular activities like walking the dog, dancing, roller-blading, or jogging. Sometimes you have to actually schedule exercise into your day and go with someone else to get it done. Find some motivation and get healthy.

There are larger displays at the Health and Wellness Center and the XL Fitness Center, outlining the role food and fitness play in our health. The displays are part of the National Nutrition Month observance; however, good health is an everyday observance everyone should celebrate.

The HAWC staff is available to answer questions or listens to comments and can be reached at 6464.

Company Grade Officer's Council

Laughlin now has a Company Grade Officer's Council.

The CGOC will serve as an advisory council to the Wing Commander regarding company grade officer issues, help improve quality of life, and promote esprit de corps and community involvement.

The following events and programs are ways in which the CGOC supports Laughlin and the local community:

- Conduct monthly meetings to open the lines of communication.
- Help to sponsor wing and community functions
- “Lunch and learn” meetings with senior leadership guest speakers
- Trips to San Antonio, dinners out, and parties to help foster camaraderie among the company grade officers at Laughlin

The CGOC has monthly meetings in the Intake Lounge at Club XL. Times and dates will be posted in the Border Eagle when available.

The next meeting is March 19, at 4:30. For questions, call 2nd Lt. Peeler, CGOC President at 298-5487. See you there.

Women's week

Federal Women's Week is the week of March 29. The Federal Women's Program Committee here will sponsor workshops March 29-30 and a luncheon March 31.

Various motivational, work and health related topics will be discussed during the workshops.

Contact one of the following committee representatives by March 26 to make reservations:

Deana Shupe, 5400
Oralia Gonzalez, 4257
Kelly A. Potter, 5015
Malynda Emerson, 6418
Shelia Alexander, 5583
Tara Vasquez, 4226
Angela Yount, 5611
Dana Depack, 5441
Susie Weber, 5647
Kathleen Carson, 5715
Anita Cox, 5236

Civilian employee transactions

The Air Force Personnel Center announced recently that all civilian employees serviced by them can now complete the following transactions via the BEST website:

- elections under “New Permanent Employees and Temporary Employees Completing One year of Continuous Federal Service”,
- changes and, or elections under “Federal Employee Health Benefits Non-Open Season Enrollment/Changes in Enrollment”,
- complete and print the “Statement of Foster Child Status”, and
- obtain the necessary forms to enroll in “Temporary Continuation of Coverage”.



Photo by 1st Lt. Angela O'Connell

Flex for the cause ...

Lt. Col Barbara Stewart, 47th Flying Training Inspector General, rolls up her sleeves to give blood at a recent blood drive here. The drive was sponsored by American Red Cross in conjunction with the South Texas Blood and Tissue Bank. For information about the next blood drive here call the Laughlin division of the ARC at 775-8626

Free park programs

Amistad National Recreation Area continues its series of free programs:

- Coffee with a ranger 10 a.m. March 12, 19 and 26.
- Guided nature walk 10 a.m. March 13 at Diablo East ranger station
- Guided bird walk 8 a.m. March 20 at Park Headquarters.

Programs under the stars March 13, 20 and 27. All programs except bird walks end for the season March 27. For park information, call Amistad National Recreation Area at 775-7491 or visit the park Internet site at <http://www.nps.gov/amis/>.

Lifesaving classes

The Del Rio Service Center of the American Red Cross will offer a class in community first aid and cardiopulmonary resuscitation 8:30 a.m. March 27 at La Quinta Motel. Courses meet all state childcare-licensing requirements and teach participants to help people of all ages in a medical emergency. The cost is \$30.

Re-Certifications for CPR professionals will be offered 8:30 a.m. April 3 at La Quinta Motel. This is a six-hour course that is required annually for all lifeguards. The cost is \$20.

The Red Cross is also taking names of persons interested in lifeguard classes.

For information and registration, call the Red Cross at 775-8626.

Tool tour

General Services Administration and Snap-On industrial tools will present the “ultimate tool tour” March 15. The GSA/Snap-On display coach will provide a first-hand look at the latest GSA schedules and contracts. There will be a hands-on product demonstration as well as a Snap-On representative to answer questions.

The coach will be at the following locations: the

flight line between bldg. 68 and hangar 1, 7 - 8:30 a.m.; at the flight line between bldg. 211 and hangar 2, 8:30 - 10:00 a.m.; 10 to 11:30 a.m. at the flightline between hangars 3 and 4; 2 - 4 p.m. at vehicle maintenance compound (bldg. 131).

For questions, please contact Bill Evans at 1-800-756-3344, ext. 8925.

Spring planting

It is the time of year to brighten our installation with flowers. The PRIDE store will be open Saturdays starting March 13. We will have an ample supply of flowers, shrubs, fertilizer, potting soil, etc for your planting needs.

For more information call the PRIDE store at 4356.

EWC high school scholarship

High school seniors who are dependents of active duty members are eligible for a \$100 scholarship. The applications can be picked up at the high school counselor's office or the education center. The deadline for applications is March 19.

For questions, please call Nedjra

Russell at 298-7504.

Camp adventure program

We are looking for college-age children of active duty Air Force personnel who are at least sophomores, in good standing, to serve as summer counselors.

It is an academic program with 12 undergraduate or graduate credits offered to counselors through the University of Northern Iowa. Applications are due March 12.

To apply for this program, contact Randy Jones at (210) 652-4045 or for more information, call the youth center, Roxanne or Rocky, at 4363.

Personnel flight transition

The Relocations and Employment Element of the Military Personnel Flight is transitioning to an appointment system. The walk-in service currently provided has lead to long waiting periods.

Scheduling appointments will enable the MPF staff to connect customers with the right personnel at the right time and eliminate unnecessary waiting.

The following services will require scheduling appointments: employment, outbound assignments, retirements, separations and formal training. Same day appointment will be provided whenever possible.

For questions or concerns with this issue, please contact Capt. Bill Nolte, 5073 or 1st Lt. Shannon Peeler, 5487.

Yard inspections

The base family housing inspectors have noticed several lawns that require watering. We live in a very dry climate that makes it necessary to water year round.

We are asking that all housing occupants begin watering on a regular basis. Please water during early morning or evening hours.

For information, call the housing office at 5003/4198.